



CATHOLIC  
COMMUNITY  
SERVICES

# Maternal Health Volunteer

## WHAT EXACTLY DOES CCS DO?

As a refugee resettlement agency, we guide newly arrived refugees through the process of initial resettlement, providing them with support on their journey toward self-sufficiency. Simply stated, we work with landlords around the valley to find them housing, arrange furniture and household supply donations within the community, get them set up with temporary government benefits, set up health screenings and medical appointments, assist in finding jobs, and provide them with a case manager to teach them how to do these things instead of simply doing it for them.

## WHAT IS THE PURPOSE OF THE MATERNAL HEALTH VOLUNTEER?

The purpose of the Maternal Health Volunteer is to assist the Health Team and Case Managers with their efforts to support expecting/new mothers. As you can imagine, navigating pregnancy during a major life transition can bring added challenges, and this role helps provide the extra support they may need.

## WHAT IS MY ROLE IN ALL OF THIS?

We expect Maternal Health Volunteers to reinforce the work of CCS staff by supporting clients in their navigation of American maternal services. Your role will start with getting to know your client and CCS staff. Your client's Case Manager is going to know her situation better than anyone else and will be an asset to you as you encounter questions. We will provide you with resources to assist the client in being empowered to have the birthing experience she wants here in the U.S.

## WHAT KINDS OF THINGS WILL I BE WORKING ON?

Activities may vary depending on the family's needs, but here are some things that are done often:

- Coordinating with the Health Team and Case Manager to ensure the client's Medicaid is updated to pregnancy status.
- Transporting the client to medical appointments and centering classes or helping them use the free transportation provided by the University of Utah Health Department.
- Helping the client obtain an infant car seat.
- Helping the client apply and use WIC (Women, Infants, and Children) Program benefits.
- Helping the client obtain the baby supplies they need using CCS resources.
- Empowering the client to create a birth plan.

## WHAT DOES IT TAKE TO QUALIFY FOR THIS POSITION

- Must be 18+ years old
- Complete volunteer onboarding and pass a background check
- Basic knowledge of the public transportation system
- Access to an automobile or reliable transportation – if you plan on driving
- Current driver's license, auto insurance, and a good driving record – if you plan on driving

## WHAT IF I WANT TO BRING MY KIDS, AND THEY ARE UNDER 18?

Yes! As long as an adult with a completed background check is present, go ahead and bring them! If children would be a distraction in some situations, use your best judgement to determine if it is appropriate to bring children along.

**IS DRIVING REQUIRED?**

No, but as a Maternal Health Volunteer it may prove to be beneficial. To receive driving clearance, you must have a current driver's license and the amount of bodily injury coverage you have must be equal to or greater than \$50,000/\$100,000.

**WHERE DOES THIS ALL-TAKE PLACE?**

Currently, most of our clients live in Salt Lake County. As a Maternal Health Volunteer, most of your activities will take place at the client's home or at a local clinic.

**WHAT KIND OF TIME COMMITMENT IS THIS?**

We expect you to meet with the client at least once a month for a minimum of four hours.

**DO I HAVE TO DO THIS ON MY OWN?**

Not at all! The Health Team and Volunteer Team at CCS are here to support you. The client's Case Manager is also a great resource in helping you.

**WHAT UPFRONT COSTS SHOULD I KNOW ABOUT?**

None! However, a \$53.25 donation is requested to cover your background check during the onboarding process. If your budget is tight, you can request this fee to be waived.

**WHO IS MY SUPERVISOR?**

Jeremy Gidney, the Volunteer Supervisor, will be your supervisor. If you have any questions about what has been explained, please do not hesitate to contact him by phone at (385)-409-1090, or by email at [jgidney@ccsutah.org](mailto:jgidney@ccsutah.org). Additionally, you will have the support of the health team through Kenadee Hale. Please do not hesitate to reach out to her by email at [khale@ccsutah.org](mailto:khale@ccsutah.org).

The last thing to note... **THANK YOU FOR BECOMING A CCS VOLUNTEER!**